

Kudos

What our guests and listeners are saying about the **Kids FIRST Radio Show**

"The Kids First Radio Show has been a wonderful and effective means for us to raise the awareness among parents, community members and kids of the importance of high school students graduating ready for college, work, and citizenship. We hear constantly from people across southern Maine who enjoy the show and appreciate how informative and entertaining it is."

*David Ruff & Mark Kostin,
Southern Maine Partnership at the University of Southern Maine & the Great Maine Schools Project*

Regis Tremblay's Center for Kids FIRST in Sports, Health, and Education and The Kids FIRST Radio Show are absolutely unique; but then, so is Regis – a Maine-born former teacher, coach, and father of three athletes, putting kids' needs first in sports, health, education and beyond, speaking the truth plainly and with humor even if it's hard to hear, shining his light on the loss of joy and play in kids' organized sports, giving a voice to kids who can't advocate for themselves, challenging well-intentioned parents and coaches to advocate for play and joy for all kids.

Dr. Ben Grasso, Psychiatrist in Private Practice, Falmouth, Maine

"The Kids FIRST Radio Show gave me the chance to start making a name for myself in the communications world as a student intern. Thanks to Regis bringing me on, I was able to get three credits towards graduating with a degree in broadcasting, as well as being able to make multiple connections in both Major League and Minor League sports. Thanks to the Kids FIRST Radio Show, my career in broadcasting is headed on the right track!"

DJ Abisalih, Asst. Producer and Co-host of The Kids FIRST Radio Show

The Kids First Radio Show is a unique forum in which area educators, student-athletes, athletic administrators, and parents have an opportunity to articulate concerns about the role that sports play in our society. Regis Tremblay's efforts in exploring the key issues in youth sports today -- such as, the role of school sports in the educational process, fitness for life, and extending athletic opportunities to more children -- are not only exemplary, but necessary at this juncture.

Gary Stevens, Assistant Principal, Athletic Director Bonny Eagle High School

"The Kids First Radio Show on the Big Jab Saturday mornings hosted by Regis Tremblay has done more to educate parents and the common citizen about the proper philosophy of athletics than anything I have experienced in the 33 years I have been involved in public school education. He weekly program hits home on the true value of athletic participation. The topics are timely, his guests knowledgeable and the format is cutting edge."

Frank Spencer, Scarborough High Athletic Director

"I can not imagine a better way to get the word out to the local public about high school sports, proper behavior and local issues. Regis is extremely knowledgeable about the local scene and has an additional perspective to offer. He has the ability to collect all view points including student athletes, coaches, administrators, the press and an occasional parent or two. Each topic is presented and discussed. There would be a great void should this program be taken off the air."

Kevin Woodhouse, S. Portland High Athletic Director

The "Kids First" radio show has filled a much-needed void in its advocacy of placing the needs of young student-athletes at the forefront of public consciousness. The show is topical, features the best and

brightest from many different walks of life, and will continue to play a major role in examining how best to treat our most important asset, our youth."

Michael Hoffer, Sports Editor, The Falmouth Forecaster

"I'm still listening whenever I can and still enjoying the show. Keep up the good work."

Bill Green, WCSH

"The Kids FIRST Radio Show is truly a breath of fresh air! With today's world so ultra competitive it's so great to see a radio show that takes us back to a much simpler time!"

Dave Eid, Sports Anchor, WGME Channel 13

"The Kids First Radio Show highlights sports, education and health issues with a local flavor. It has become the voice of youth sports in southern Maine"

Mark Tinkham, Principal, Freeport High School

"The Kids First Radio Show has become one of the best shows on Saturday mornings - I look forward to tuning in each week. In a time where our youth need all the attention they can get, this show has become a leader in the education and reform effort. In addition to athletics and youth sports, the show focuses on all other aspects of the lives of today's youth. The show is truly a great resource for any parent. I commend Regis Tremblay for his efforts and the diversity his show displays – there is no topic they are not willing to explore."

Jason Fuller, Athletic Director, Lewiston High School

"Regis Tremblay is a wonderful and inspirational voice of wisdom to our national crusade for giving sports back to children. I value his friendship, enthusiasm and always-sound ideas to making American amateur sports a better place for all of us. I will always support Regis as he tries to make a difference in our children's lives."

Bob Bigelow, national youth sports activist and reformer; author of Just Let the Kids Play

"As someone who studies and writes about issues relating to sport's role and impact on our culture, it is nice to be on a show that approaches those issues in a thoughtful, serious and thorough manner. That is rare on the sports talk radio circuit. The Kids FIRST Radio Show is a vital initiative in returning youth sports back to those for whom they were created...the kids."

John Gerdy, PhD, Author, Special Consultant to the Knight Commission, Professor

"I would like to say that the KIDS FIRST RADIO SHOW has been a great addition to Southern Maine. The show provides great information on high school sports, youth games and play. It has also educated the public on a wide variety of topics and issues. I'm glad to be on your show whenever you need me. Keep up the good work you do for kids."

Rich Drummond, Portland High Athletic Director

"First of all, thanks so much for the show Saturday. You're very good at your job, and very respectful and considerate of your guests--while making the show lots of fun at the same time. Quite an art. I appreciate the opportunity to spread the WinterKids message, especially on your terrific show--so thank you."

Carla Marcus, WinterKids Executive Director

"I am pleased to be a part of Regis' efforts to put FUN and PLAY back into youth sports. It is important that we all remember that the most"

Trevor Hoffman, San Diego Padres

The Center For Kids First in Sports, Health, and Education is dedicated to changing youth programs by giving coaches and parents the knowledge they need to keep kids involved in sports for a lifetime. I am proud to be a part of the Kids FIRST goal of making kids the top priority in youth sports, health, and education."

Jenny Finch, University of Arizona, U.S. Olympic Softball, ESPN

"The Kids First Radio Show is a real gem. Regis Tremblay understands that athletic competition must be fun first and foremost, and that the adults involved with making athletics available to young people must never forget this basic truth. Regis is a unwavering voice for what is best in sports."

Steve Lechner, Attorney, Freeport H.S. Head Football Coach

"I've been on The Kids FIRST Radio Show several times, and I will continue to support the message that it sends to kids and adults today. The show gives kids a chance to openly express themselves and relate to others who share the same values. It is important for these kids to maintain a positive attitude and healthy lifestyle."

Mike Bailey, Teacher and Head Football Coach, Portland H.S.

"The Kids FIRST Radio Show empowers concerned parents and coaches to embrace the core principle – that the mission of youth sports is to serve the best interests of every boy and girl who seeks to participate."

Douglas Abrams, JD, Law Professor, Author, Coach, Editor of the Daily Headlines

"We really had a blast on your show. I was nervous but next time I will be fine. Any time you want us on your show again that would be great. Now that we are veterans we will know exactly what to say. This was a very personal and informative way for us to promote our business."

Joe Carpine Digital Video Magic

"The kids did a great job. Anything I can do to help you on the show and to promote healthy lifetime behaviors, just let me know. You are doing great things to help us who are in the trenches fighting to keep kids healthy."

Rob Card, PE Teacher Westbrook H.S., Swim Coach S. Portland H.S.

"Regis, thanks so much for your support!!"

Jeanne Crocker, Principal S. Portland H.S.

"Thanks for the wonderful programming you do. I'm thrilled to see you spotlight swimming as I have spent many an hour sucking chlorine with my older son! Great sport and another life time activity."

Sukie Benoit, Parent

“Regis Tremblay and The Kids First Radio Show have done a tremendous job of promoting equity in sports. Regis has been especially supportive of women's ice hockey. Those of us working to build girls high school ice hockey in Maine are especially grateful to Regis for the support and the forum he has provided.”

Peter Landis Past President of Maine Girls Ice Hockey Association (MGJHA).

“The Kids FIRST Radio show is a real gift to all kids, their parents, teachers and coaches. The Center For Kids First in Sports, Health, and Education is the first organization that is actually working with changing the system by working within it.”

Christopher Anderson, Author, “Will You Still Love Me If I Don't Win?”

“After being on your show last Saturday, now I want to tune in and listen regularly. I think you are doing some great work in promoting kids. Thanks again for having us on. Let's stay in touch.”

Fed Hall, Principal Yarmouth H.S.

“Thanks so much for today. The show was great fun. The Kids First Radio Show is a great venue to hear what our local students have to say. Regis asks thoughtful questions allowing students to give reflective yet powerful answers about today's issues.”

Alice Barr, Instructional Technology Integrator, Yarmouth H.S.

“I am the single parent of a 6 year old boy. He will be joining soccer and baseball leagues soon (and wishes he could do a lot more) so the fate of our kids and of athletic programs for our kids to enjoy and have fun in is very important to me. I appreciate all that you do in promoting wellness and fair play.”

Daniel Fields, Parent, Play-by-play Announcer USM Huskies

“Again, great topic, I'll look forward to your show!”

Gerry Durgin, Athletic Director Gorham H.S.

“Great show Regis - thanks for giving us the opportunity to participate.”

Lisa Belanger MSN, NP Program Family Health Services City of Portland

“I just wanted to thank Regis for helping to get Real Life. Real Talk. issues out to the public on the Kids FIRST Radio Show on Saturday. And I'd like to extend a special thanks for devoting a whole 2-hour show to these topics! It's really important for adults to hear more from young people about what's important to them and what they need from us.”

Lauren Grousd, Project Coordinator, Planned Parenthood of Northern New England

“It was a pleasure being on your radio show. Your topics and comments were terrific and in my opinion right on target. Thanks for helping us promote what we consider a very successful program by all accounts.”

Milt Teguis, Prinsipal Wells H.S.

"I share your concerns. I do believe the schools in Maine make a great effort to help each child to be successful although there is a lot more that can be done. I thank you for your efforts to bring awareness to the limited opportunity for low and mid-income children to attend college."

Mike Marston, Skowhegan H.S. Football Coach

"Thank you very much for allowing Colby and myself to observe the show!! The show was very well done!! The guests were fabulous and humorous.....great choices. Also, this opportunity will help Colby gain some insight as to possible career paths. It was a pleasure meeting all of you!! Colby and I will definitely get the word out in this area about your show."

Pam Auerill, Parent

"You are making a difference with kids. Thanks for all that you do."

Mike Francoeur, Educational Director, NFJ North, Inc.